



## **Controlled Medication Prescribing Policy**

CEH is committed to the safe and responsible prescribing of controlled medications in accordance with clinical best practices and applicable guidelines.

### **Eligibility for Controlled Medications:**

CEH will not prescribe controlled medications to patients who:

- Decline to consent to required urine drug screening;
- Do not pass a required drug screening; or
- Have a known or documented history of substance abuse.

In such circumstances, CEH will offer appropriate non-controlled treatment alternatives, which may include safer pharmacological options or non-pharmacological therapies, tailored to the patient's individual clinical needs.

Clinical and statistical guidelines support the use of structured monitoring and alternative treatment strategies to mitigate risk. Accordingly, clinicians may require urine drug testing prior to initiating or continuing controlled substance prescriptions and may explore alternative or integrative treatment approaches when concerns arise.

### **Prescription Refills:**

- Patients are responsible for scheduling follow-up appointments prior to running out of medication.
- Refill requests may be denied if required follow-up appointments are missed.
- Routine prescription refills are not processed on weekends.
- Initial prescriptions may include refills sufficient to last until the next recommended follow-up appointment.

CEH is **NOT** responsible for lost or stolen Controlled Substance medications.